



# ANTONIA MARIA FOUNDATION

## Fee Schedule and Services Provided

The Antonia Maria Foundation offers unique services along with a holistic, healing environment to set them apart from the typical cookie cutter recovery homes found throughout the addiction community.

Residents of AMF homes consistently report that they feel safe, genuinely loved, appreciated and cared for during their stay.

### Fee Schedule

**Intake Fee:** Upon arrival an intake fee of \$300 will be due.

**Program Fees:** The Program Fee for the recovery house is \$1,500 a month. The first month's payment in full is due along with the intake fee upon arrival.

**Total Due Upon Entry:** \$1,800 plus an additional fee listed below if applicable.

### Additional Fees

\$150/month will be added for medications including Suboxone, Subutex, Adderall or any other type of medication that needs to be closely monitored, safe kept and monitored by staff on a daily basis.

***AMF provides the following services and supports to each of its residents.  
All services and supports are designed to provide a holistic, healing living environment  
focused on safety, accountability and recovery.***

### **Staffing and Person-Centered Individual Supports**

- One on one with the AMF founder, Antonia at least once per month either in person or via Zoom. Antonia is the heart and soul of the foundation. She has a degree in Social Work and many Certifications in the healing arts. Antonia offers each resident her time and expertise in spiritual teaching, personal guidance and sage advice geared specifically to each individual.
- The AMF provides an Operations Manager to coordinate the smooth running of each Recovery Home. The Operations Manager is a Certified Peer Recovery Specialist. She provides Case Management and will connect each resident with resources in the community as dictated by their individual treatment plan. The Operations Manager coordinates the day to day needs of the facility as well as the needs of each resident in conjunction with the House Manager. She works closely with the AMF team to assure the residents are safe and working the program provided by the AMF recovery home. The Operations Manager is on call for emergencies.
- The AMF provides a live-in House Manager to provide on-site supervision and guidance. She works closely with the Operations Manager and AMF team to hold each resident accountable and to make sure each resident is following their treatment plan during their stay at the recovery house. One of the House Manager's duties is to perform overnight bed checks to assure everyone is home and safe in their bed. The AMF strongly believes that a live-in House Manager is an essential part of their homes, as opposed to staff who only drop in once in a while and are not able to be aware of or manage the day-to-day occurrences that need immediate attention.
- The AMF provides a Spiritual Advisor at its Recovery Homes. She works one on one with each resident through the use of Reiki and other healing arts. The Spiritual Advisor provides feedback and assignments to each resident to help them direct and heal from their addiction. Additionally, the Spiritual Advisor creates and runs weekly Workshops to provide the residents with holistic, healing tools to use in their recovery.
- The AMF offers one on one EFT/tapping sessions with a certified professional. EFT is Emotional Freedom Technique. It is a healing arts tool that can be used for many purposes, for example to get to the root cause of a person's addiction. It can be utilized to release trauma or traumatic events, which in many cases is a critical step to being able to prevent future relapse. It is used to help discover and release repeating patterns that may be keeping a person in addiction and is an excellent way to reduce anxiety.

## **Safety - Practices the AMF Employs to Keep Residents Safe**

- Drug testing (urine and/or breathalyzer) is conducted upon admission and randomly throughout the stay for each resident
- Regular medications are safe kept and monitored by AMF staff. This drastically reduces the possibility of overmedication by the resident or one of their housemates. AMF offers this service for MATs or other medications that require more intensive daily monitoring by staff for an additional monthly fee.
- AMF utilizes a camera monitoring security system in the common areas of the recovery house as well as the outside of the house
- With written permission from the resident, AMF staff will provide weekly updates to the resident's family, loved ones and or medical professionals.

## **Professional Services, Household/Personal Care Items and Recreational Activities Included with Program Fees**

### **Professional and Individual Services**

- Spiritual Guidance
- One on one Reiki with a certified professional
- One on one EFT/tapping sessions with a certified professional
- Wellness workshops conducted by the Spiritual Advisor
- In house yoga practices conducted by a certified professional
- Financial planning assistance
- Case management from a certified Peer Recovery Specialist
- Linkage to resume building and other job seeking resources
- Connection to NA/AA, SMART Recovery, Refuge Recovery, Celebrate Recovery and any other evolving recovery-based meetings
- Peer recovery specialist services
- Assistance with getting personal documents needed to be employed (ID, etc.)
- Job interview preparation services including getting an outfit and hair style for job interviews
- Relationship building

## **Personal and Household Items/Utilities Provided**

- Washer/Dryer
- Internet/Cable/Wi-Fi
- Utilities – heat, water, electric, sewer
- Bedding
- Towels
- Cleaning supplies
- Toiletries
- Paper towels
- Feminine products

## **Recreational, Fun, Celebratory and Family Type Activities**

- Community trips to the beach, parks, lakes, mountains
- Outdoor cook outs and other outdoor activities
- Trips to Great Adventure or other Amusement/Recreational Parks
- Celebrations – birthdays, holidays, sobriety milestones
- Access to live stream from Honor Yoga class

Please contact the foundation at 1-888-633-2693 for inquiries.