



# ANTONIA MARIA FOUNDATION

## House Rules

1. All residents are responsible for preparing their own meals
2. Residents must keep a weekly schedule of all scheduled appointments and provide it to staff every week at the House Meeting. If schedule changes they must contact staff via text or phone call.
3. Residents are responsible for keeping the house clean and must follow a weekly cleaning schedule, this includes making their beds daily and keeping their rooms clean.
4. Residents must submit to random drug screenings.
5. Absolutely NO drug or alcohol use. (No engaging in illegal substance manufacturing, possession and/or distribution will be tolerated).
6. Residents must participate in house activities and follow the schedule provided by The Antonia Maria Foundation/Gracie's House.
7. Residents are to be in the community volunteering, in school or working within the first two weeks of their stay.
8. Residents must attend outside recovery-based meetings.
9. Lights and tv off at midnight in all common areas.
10. Residents must be out in the community from 10am to 4pm for job searching, volunteering, self-care, etc. May return for 1 hour to eat lunch between 12 and 1pm.
11. Cell phones cannot be used during any group activity and must be used mindfully and respectfully in front of other residents, volunteers and staff.
12. Residents must maintain clean personal hygiene and perform one act of self-care daily.
13. Smoking is prohibited anywhere inside of house.
14. Usage of any type of flammable material is prohibited.
15. Physical and verbal violence will not be tolerated. You will be terminated from the house immediately.
16. Absolutely no firearms, weapons or explosives are allowed in the house.
17. No personal food or appliances in bedrooms. Eating food is prohibited in any other area other than the dining room and kitchen. We do not promote the consumption of processed foods. Please be mindful of making healthy dietary choices.
18. Absolutely no energy drinks are allowed inside the house or on the property.
19. No sexual contact or fraternization with any other house member while residing at The Antonia Maria Foundation.
20. There is absolutely no loitering in front of the house.

21. Residents must sign commitment letter for the purpose of accountability to self-love.
22. Theft or Pilfering of ANY sort will not be tolerated. (Taking food from others without permission is considered stealing. We encourage community cooking, meal planning and sharing dinner time together. This is to assist in developing a family like structure.)
23. Absolutely no destruction of the house or other resident's property.
24. Residents must obtain and maintain either a sponsor, spiritual advisor, or mentor within the first 2 weeks of their stay.
25. Curfew is 10:00 PM for the first 2 weeks no exceptions. Upon completion of 2 weeks and in good standing with the residential agreement/house rules, curfew will be extended to 12am (midnight).
26. Upon entering all residents must have their personal items searched. Please Note: no more than 2 suitcases worth of belongings should be kept on the premises. All residents are subject to random searches if staff feels that the recovery of any resident is in question.
27. Residents who are discharged from Gracie's House/Antonia Maria Foundation due to violation of rules will have 20 minutes to remove their belongings from the home. (Upon completion of program, resident will be provided a discharge/follow up accountability plan. )